

Driving Assessment & Rehabilitation Service (DARS)



Occupational Therapy aims to promote health by enabling people to perform meaningful and purposeful activities. Occupational Therapists work with individuals who suffer from mental, physical, developmental, and/or emotional disabling conditions through treatments that develop, recover or maintain patients' daily activities. Our Occupational Therapists utilise treatments that improve patients' basic motor functions and cognitive abilities, and also compensate for the permanent loss of function with the prescription of adaptive equipment and modification of environment.

Driving is an important skill to drivers and is part of their daily routine.

Being diagnosed with a medical condition and getting older can affect one's ability to drive safely which in turn affects public road safety.

The Driving Assessment & Rehabilitation Service (DARS) offered at JurongHealth is a specialised service where an Occupational Therapist will assess your ability to drive safely despite acquiring a disability or medical condition.

In addition to the assessment, you may be advised to modify your vehicle or attend driving rehabilitation lessons to return to driving safely.

Who is eligible for the service?

DARS is available to the following patients:

- Valid Class 3/3A license holders who wish to return to driving after acquiring medical condition(s)

How do I get a referral for this service?

Please get the DARS referral form in this brochure duly signed by a doctor who is registered with the Singapore Medical Council.

What can I expect from DARS?

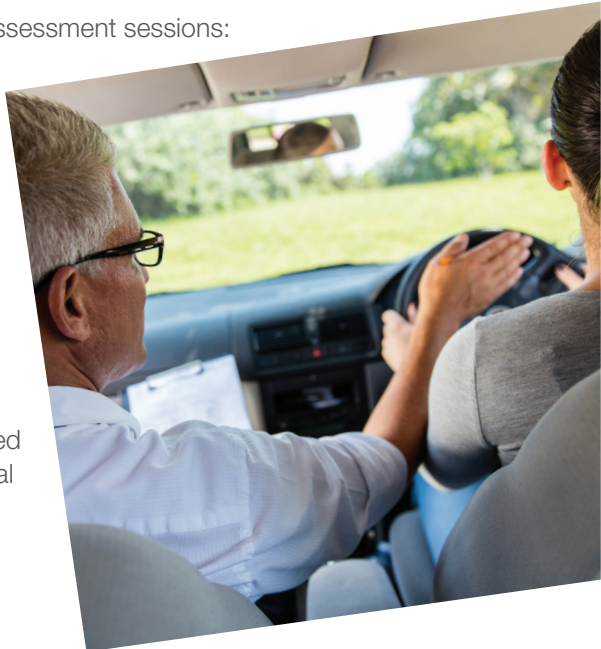
This service consists of two formal assessment sessions:

- **Off-road assessment**

An Occupational Therapist will find out about your medical history, driving history and conduct an assessment on your physical, cognitive and visual abilities to drive. This session may take two hours.

- **On-road driving assessment**

Together with a rehabilitation-trained driving instructor, the Occupational Therapist will conduct an in-car, on-road assessment for you in a vehicle equipped with dual braking control.



Depending on the results after the on-road driving assessment, the following may be recommended:

- Attend driving rehabilitation session(s) with the rehabilitation-trained driving instructor
- Modify your vehicle
- Driving rehabilitation session(s) to drive with the modified vehicle.

This service will be conducted at the Outpatient Rehabilitation on Level 1, Tower C - Jurong Community Hospital.

The driving report will be sent to the referring doctor for endorsement and follow-up with the patient.

Please cut or tear along the dotted line

(For non-JurongHealth referring source only)

JurongHealth Driving Assessment & Rehabilitation Service (DARS)

Referral Form

Name of patient: _____

NRIC: _____

Screening questions:

The above-mentioned patient is a candidate for the Driving Assessment & Rehabilitation Services (DARS) and has met the following criteria
(please tick after examination):

- No history or recent episodes of epilepsy
- Has visual acuity of at least 6/12 in one eye (with or without spectacles/glasses)
- Is medically fit to drive in accordance with the Singapore Medical Association's guidelines for driving
- Patient's MMSE score is more than or equal to 10

_____ Referring Doctor's Name & Signature	_____ MCR number	_____ Referring institution
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For more information

Ng Teng Fong General Hospital and Jurong Community Hospital

1 Jurong East St 21, Singapore 609606

General enquiries: 6716 2000 Fax: 6716 4500

www.juronghealth.com.sg

Clinic opening hours

Monday – Friday 8.00am – 5.30pm, Saturday 8.00am – 12.30pm

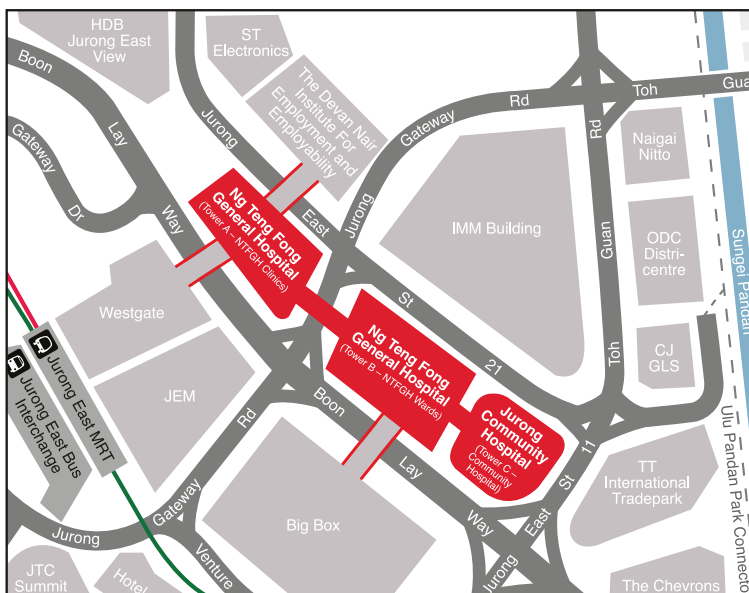
Dental clinic: Monday – Thursday 8.00am – 5.30pm, Friday 8.00am – 5.00pm

Appointments

Appointment line: 6716 2222 (Monday – Friday 8.00am – 5.30pm, Saturday 8.00am – 12.30pm)

Dental appointment line: 6716 2233 (Monday – Thursday 8.00am – 5.30pm, Friday 8.00am – 5.00pm)

Getting there



By train

Jurong East MRT Station

By bus

From Jurong East Bus Interchange

41, 49, 51, 52, 66, 66B, 78, 78A, 79, 79A, 97, 97E, 98, 98M, 105, 143, 143M, 160, 183, 183B, 197, 333, 334, 335, 506

Along Boon Lay Way

99, Private bus service 625, 990

Disclaimer:

The information in this brochure is meant for educational purposes and should not be used as substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment or if you have any questions related to your health, physical fitness or medical condition.

